



GARDEN CITY
RECREATION COMMISSION

Garden City Recreation Commission

Women's Fall Volleyball League

Information Packet

1. Roster must be filled out completely. All rosters must be signed by the player and rosters are due on the deadline. Players may not switch teams once they have signed the roster and played.
2. **Fee: \$160** (\$50 late fee after September 9th)
3. **Registration Deadline - September 9th**
4. Regular season games will begin September 16th
5. Teams will play a 10-game regular season schedule followed by a single elimination post season tournament.
6. Awards will be given to the 1st place team in each division. Maximum of 10 awards will be given out.
7. League play will be held on Monday -Thursdays. If your team has a scheduling conflict, please note it at the top of the roster and we will try to schedule around it. No games will be rescheduled after schedules are completed. Makeup games due to weather or facility conflict will be rescheduled as space permits.
8. Rosters for signing will be available, at the gym, during the 1st and 2nd week of the regular season.

If you have any further questions about scheduling conflicts or league play, please contact Jared by email at jared.rutti@gardencityks.us or call the recreation office at 276-1200

Women's Fall Volleyball Rules

A. League Authority

1. The operation of this league will be fully governed by the regulations and policies set forth by the Garden City & Holcomb Recreation Commissions. The Recreation Commission staff will be responsible for the overall operation of the league.
2. There shall be no refund of team entry fees under any circumstances unless the program is cancelled due to lack of participation.
3. The Garden City & Holcomb Recreation Commissions, their staff, officials, participants, and sponsors are not responsible for any injury sustained due to participation.
4. Games will **only** be rescheduled because of adverse weather conditions or conflicts in facility rental.
5. The Garden City & Holcomb Recreation reserves the authority to forfeit any games in which an infraction of league rules has been committed.
6. Recreation Commission personnel - this being supervisors, officials, etc. - have the right to award points or to evict players from the game, from the bench, or to stop and forfeit a game to the opposition, if in their opinion unsportsmanlike conduct is being demonstrated by a player, his team, or fans. If evicted, you must leave the building within two minutes or the game will be forfeited to the opposing team.
7. If a player, team or fan is ejected from a game, that person if deemed necessary could be evicted for not only that game the next but the entire season. This is recreational activity and we will not tolerate any unsportsmanlike conduct.
8. Beer or alcoholic beverages are not allowed in the building. Please pick up any trash brought into the building or parking area. If anyone is under the influence of alcohol, they may be asked to leave if the official feels that it will create an unsafe situation.
9. **Unsupervised children** will not be allowed in the facility. If there is a problem with youth running around in the facility the team will be warned once and then their match will be forfeited. These are not our facilities and we need to treat them with respect. **(ABSALUTLY NO WHEELY SHOES IN ANY GYMS!!!)**
10. No food or drink will be allowed in the buildings or halls. Failure to obey this rule will result in the dismissal of the player involved for the evening. **NO EXCEPTIONS.**

B. Roster

1. All fees and the official roster must be turned into the Recreation Commission on the deadline set. Players may be added to the roster during Garden City Recreation building hours **ONLY** and it must be done before the match they are to play. A player not on the roster and signed is illegal and any games in which they play will be forfeited. Players may not switch teams after play has started. Rosters can be signed at 310 N 6th, Monday - Friday, 8:30am - 5:30pm.

C. Playing Rules

1. Games will be played under Kansas State High School Volleyball Association rules unless exceptions have been adopted below.
2. All players must be 16 years or older to be eligible for participation.
3. Ordinary play is based on six players, **but teams may start with four players**. Three players or less constitutes a forfeit. Teams must designate the number of front-line players to the official prior to the start of each game. The spots on the floor that are not filled by players will be skipped and not penalized during serving. If you have more than six players, then you must play them all and they must rotate in which the server goes out each time and the substitute moving to center-back. Regular rotation of the players is covered in the KSHSVBA rule book which can also be used. If someone is present and cannot play, then the coach must notify the official and that player must sit out the entire evening. If a player is injured while playing or is called away on an important matter, then he must notify the official of this and the next player to rotate in must replace him. The player leaving or sitting out due to injury may return to the game, by rotating in, when ready. Teams may use KSHSVBA rotation where players may sit out an entire game. If three games are played, each player must play two games. You must let the official know if you are using KSHSVBA rotation.
4. **Rally scoring to 25, Win by 2**, will be used in the best two out of three games. Rally score to **15**, win by 1, will be used in the **3rd game**.
5. There will be no warm-up between matches, unless ahead of schedule.
6. No grace time for scheduled games. If a team has **NO** players present at game time or at the conclusion of the previous game (whichever is later) then that team will forfeit the entire match. Otherwise, the three games of a match will be forfeited at 15-minute intervals if a team is short players, the first game being forfeited at game time.
7. All ties for league position will be determined by the following method: (To break a tie between teams, only the games played between the tied teams will be used).
 - a. Record head to head between tied teams by matches.
 - b. Record head to head between tied team by games.
 - c. Total number of points scored.
 - d. Fewest points allowed.
 - e. Flip of a coin.
8. The team captain is the only player to communicate with the official.
9. The first server of a game shall be the right back player of the serving team for the team that serves first. The team that serves second, the server shall be the player that starts the game in the right front position.
10. For the first and third game of a match, the choice of serve or playing area shall be decided by a coin toss by the referee and the captain of each team. The teams will change courts between game 1 and 2.

11. **On serving ball** - If the ball touches any part of the ceiling the official will call side out. The server shall serve from within the serving area and shall not touch the end line or the floor outside the lines marking the width of the serving area at the instant the ball is contacted for the serve. The server's body may be in the air over or beyond the serving area boundary lines, having left the floor from within the serving area.
12. A 5th or 6th person just arriving may enter the game on a dead ball when ready at center back.
13. Requests for time-out may be made by the playing captain when the ball is dead. Each team is allowed (2) time-outs per game. The length of a time-out is limited to 30 seconds. If teams have reached 24-24 an additional timeout will be granted.
14. The head coach or playing captain must submit a lineup of players present before the beginning of every match.
15. The server will have five seconds to serve the ball after the referee has given notice by blowing of the whistle or side out will occur.
16. Foot-Fault - Touching the opponent's area with a foot or feet is not a fault providing that some part of the encroaching foot or feet remain on or above the center line and does not interfere with the play of an opponent.
17. If requested by the official, honor calls need to be made on ball touch, net and line.
18. **A serve cannot be blocked.**
19. **Joust:** When opposing players simultaneously hold the ball above the net(joust), play shall continue. The player on the opposite side of the net from which the ball falls shall be considered the player to have touched the ball last. The other player may participate in the next play and the simultaneous contact shall not count as a hit.

D. Scoring

1. A team, which has scored 25 points and is at least two points ahead, is the winner. If the team leading does not have a two-point advantage, then play shall continue until one team has a two-point advantage. This is for the first and second game in the match only.
2. Rally scoring to 15 will be used in the third game of the match.

E. Unsportsmanlike Conduct

1. For the first minor offense, a yellow card will be issued. This is a warning and will be recorded as such. For the second minor offense, a red card will be issued and a point or side-out will be given. For the third minor offense, a red and yellow card will be administered, and the player will be disqualified from that match. If the situation warrants the official may go directly to the red or red and yellow on a first unsportsmanlike conduct.
2. Profanity or verbal abuse towards the official will warrant a red and yellow card.
3. A player that is disqualified from a match will be suspended from their team's next match. No appeals.
4. Any player that is disqualified from three matches during the season will be suspended from the remainder of the season and will have to apply for reinstatement formally the following year.
5. **The Garden City and Holcomb Recreation has the authority to suspend individuals from participation in programs due to unsportsmanlike conduct towards officials, spectators, players of staff for a determined amount of time or for life.**
6. Since these are gyms used under rental agreements and you have signed the official team roster, you are liable for anything they may be destroyed or broken; **YOU BREAK IT YOU BUY IT!!! NO DUNKING ON BASKETBALL GOALS!!!!**
7. **Zero Tolerance Rule** - There will be zero tolerance for players, coaches and spectators who engage in harassing and/or unsportsmanlike behavior with umpires / officials, other spectators, game supervisors, other players, or GCRC Athletic Staff. Officials, game supervisors and GCRC Athletic Staff have the authority to penalize the player, coach, spectator, or team if an official is sworn at, harassed, argued with, or insulted. Penalties will range from: warning, to ejection from game, to suspension from future games and possible forfeiture of the game.

OFFICIALS TIP SHEET

The biggest complaint we have is inconsistency from one official to another concerning the following rules:

USE FOR ALL DIVISIONS:

Multiple contacts are allowed during blocking or on any first team contact of the ball, except when using fingers in a passing action.

INTERMEDIATE AND COMPETITIVE ONLY:

Hard Driven serves or spikes cannot be legally set using fingertip action. Most generally an overhand serve will be hard.

USE FOR ALL DIVISIONS:

Open hand palm up hit, below the waist is a lift or carry. Call this every time.

Any time the ball is contacted from behind the head and brought forward this is a carry.

Hands must be together on all hits.

- A. Be loud when you blow your whistle.
- B. Always meet with the teams prior to the match and explain how you are going to call.
- C. Call me if you have a question concerning a rule.

BE PROMPT WHEN STARTING YOUR MATCHES AND ALWAYS HAVE A WATCH WITH YOU.