



GARDEN CITY
RECREATION COMMISSION

Garden City Recreation Commission

Youth Futsal League

Rules Packet / Coaches Manual

The goal of the Garden City Recreation Youth Futsal Program is to provide wholesome recreation for youth who take part in the program. **Emphasis is on learning fundamental skills, basic rules of the game, and participation.**

Objectives of the program will be to provide development in motor skills associated with futsal, to build character in each individual by stressing sportsmanship and fair play, and to build stamina and healthy minds and bodies through physical activity. Through these objectives, the successful attainment of our primary goal can be realized.

ADMINISTRATION

The Athletic Supervisor, with the approval of the Director of Recreation and the Garden City Recreation Commission will establish the policies governing the program. Evaluations, surveys, and input from advisory committees will be used to help formulate those policies. The Athletic Supervisor will be responsible for administering the policies in such a manner to assure an equitable, competitive, and enjoyable program for all.

ELIGIBILITY & REGISTRATION

Anyone meeting the grade level requirements will be eligible to participate in this program. All boy's and girl's wanting to participate must be registered and fees paid before they will be allowed to play. For those unable to pay the fee, scholarships are available through Garden City Recreation. Registrations will be accepted **ONLY** at the Garden City Recreation Office, 310 N 6th St. A registration period will be established by the Athletic Supervisor. Registrations after the deadline are accepted only as roster space permits or as new teams can be formed.

COACHES & ASSISTANTS

Volunteers are used as coaches and assistants for all teams. Any parent that volunteers is allowed to coach his/her own child. A coaches training session and organizational meeting is conducted each year prior to the start of the season. It is strongly recommended that all volunteers attend.

TEAM SELECTION

Teams will be formed by the Athletic Supervisor and Athletic Coordinator. Players will be placed on teams according to schools or request from parents.

1. LEAGUE AUTHORITY

- a. The operation of this league will be fully governed by the regulations and policies set forth by the Garden City Recreation Commission. The Recreation Commission staff will be responsible for the overall operation of the league.
- b. There shall be no refund of team entry fees under any circumstances, unless the program is cancelled due to lack of participation.
- c. The Garden City Recreation Commission, their staff, officials, participants, and sponsors are not responsible for any injury sustained due to participation.
- d. If a player, team or fan is ejected from a game, that person if deemed necessary could be evicted for not only that game the next but the entire season. This is recreational activity and we will not tolerate any unsportsmanlike conduct.
- e. Beer or alcohol beverages are not allowed in the buildings. Please pick up any trash brought into the building or parking area. **IF ANYONE IS UNDER THE INFLUENCE OF ALCOHOL, THEY WILL BE ASKED TO LEAVE.**

2. LEAGUE CONDUCT AND UNSPORTSMANLIKE CONDUCT

- a. **Zero Tolerance Rule** - There will be zero tolerance for players, coaches and spectators who engage in harassing and/or unsportsmanlike behavior with umpires / officials, other spectators, game supervisors, other players, or GCRC Athletic Staff. Officials, game supervisors and GCRC Athletic Staff have the authority to penalize the player, coach, spectator, or team if an official is sworn at, harassed, argued with, or insulted. Penalties will range from: warning, to ejection from game, to suspension from future games and possible forfeiture of the game.
- b. Fair play will be encouraged throughout the league. Coaches must support, encourage and induce their teams into the genuine spirit of soccer, sport and fair play.
- c. The Garden City Recreation Reserves the authority to forfeit any games in which an infraction of league rules has been committed.
- d. **NO SMOKING OR ALCOHOLIC BEVERAGES ARE ALLOWED IN THE BUILDINGS.**

3. PLAYERS

- a. A game is played by two teams, each consisting of no more than five players, one of whom is the goalkeeper.
- b. The number of substitutions made during a game is unlimited. A player who has been replaced may return to playing court as a substitute for another player.
- c. A goalkeeper may change places with another player.

4. UNIFORMS AND EQUIPMENT

- a. Teams will wear the t-shirts that are provided by the Garden City Recreation. There will be pennies available for the goal keeper to wear. The team listed first in all rounds shall be considered the home team. For semifinals and finals, the team with the best record shall be the home team.
- b. Players are not allowed to wear headbands or bandanas.
- c. Each goalkeeper wears colors which easily distinguish him from the other players. (Pennies)
 - a. If a field player replaces a goalkeeper, the new goalkeeper must wear the different colored penny.
- d. **Shin guards are required for all players and covered entirely by the socks.**
- e. Goalkeepers are not allowed to wear headgear.
- f. Footwear- the only types of footwear permitted are futsal shoes or gym shoes that do not leave marks on the court

5. THE REFEREE

- a. Each game is controlled by a referee who has full authority to enforce the Laws of the Game in connection with the game to which he has been appointed, from the moment he enters the locality where the playing court is situated until he leaves.
- b. Enforces the Laws of the Game.
- c. Allows play to continue when the team against which an offence has been committed will benefit from such an advantage and penalizes the original offence if the anticipated advantage does not ensue at the time.
- d. Keeps a record of the game and provides the appropriate authorities with a game report which includes information on any disciplinary action taken against players, and/or team officials and any other incidents which occur before, during or after the game.
- e. Acts as timekeeper in the event that this official is not present.
- f. Stops, suspends or terminates the game for any infringement of the Laws or due to any kind of outside interference.
- g. Takes disciplinary action against players guilty of cautionable or unsporting behavior and sending-off offences.
- h. Ensures that no unauthorized persons enter the playing court.
- i. Stops the game if, in his opinion, a player is seriously injured and ensures that he is removed from the playing court.
- j. Allows play to continue until the ball is out of play if a player is, in his opinion, only slightly injured.
- k. Ensures that any ball used meets the requirements.
- l. **Protest** none are allowed; the decision of the referee is final. The decisions of the referee regarding facts connected with play are final.

6. THE DURATION OF THE GAME

- a. Length of the game:
 - i. Boot, Kicker & Passer – 2 equal halves of 15 minutes with a 5 minute halftime
 - ii. Pee Wee, Tiny Tots - 2 equal halves of 12 minutes with a 5 minute halftime
- b. Time out
 - i. Each team will get one 1 minute timeout per half
 - ii. A time out may be requested at any time, but only permitted when team is in possession of the ball and the ball is out of play.
 - iii. A team which does not request a time out in the first half of the game is still only entitled to one time out in the second half.

7. BALL IN AND OUT OF PLAY

- a. The ball is out of play when it has wholly crossed the goal line or touch line, whether on the ground or in the air, play has been stopped by the referee and it hits the ceiling.
- b. The ball is in play at all other times when it rebounds from a goal or from either of the referees when they are on the playing court.
- c. When a game is being played on an indoor playing court and the ball accidentally hits the ceiling the game is restarted by a kick-in awarded to the opposing team to the one which last touched the ball. The kick-in is taken from a point on the nearest touch line to the intersection between both touch line and the imaginary line that runs parallel to the goal line and the place below where it hit the ceiling

8. METHOD OF WINNING

- a. The team scoring greater number of goals during the game is the winner.
- b. If both teams score an equal number of goals or of no goals are scored, the game ends in a tie.

9. FOULS AND MISCONDUCTS

- a. A direct free kick shall be awarded to the opposing team if a player commits any of the following six infringements in a manner considered by the referees to be careless, reckless or excessively forceful:
 - i. Kicking or attempt to kick an opponent
 - ii. Tripping or attempting to trip an opponent, either by sliding or bending down in front or behind an opponent
 - iii. Jumping on an opponent
 - iv. Striking or attempting to strike an opponent
 - v. Pushing an opponent
- b. A direct free kick shall also be awarded to the opposing team if a player commits any of the following five infringements:
 - i. holding an opponent
 - ii. spitting at an opponent
 - iii. sliding in an attempt to play the ball while an opponent is playing it or is about to play it (sliding tackle), except for the goalkeeper in his own penalty area, provided that he does not endanger the safety of an opponent
 - iv. touching the opponent before the ball when attempting to win possession
 - v. carrying, striking or throwing the ball with one's hands or arms, except for the goalkeeper in his own penalty area
 - vi. The direct free kick shall be taken from the place where the infringement occurred, unless the free kick has been awarded to the defending team in its own penalty area, in which case the free kick may be taken from any point inside the penalty area.
 - vii. **The above-mentioned infringements are accumulated fouls**
- c. Penalty Kick
 - i. A penalty kick shall be awarded if a player commits any of the above mentioned infringements inside his own penalty area, irrespective of the position of the ball but provided that it is in play.
- d. An indirect free kick shall be awarded to the opposing team if a goalkeeper commits any of the following offences:
 - i. after clearing the ball, he/she touches it again with his/her hands before it has been played or touched by an opponent
 - ii. he/she touches or controls the ball with his/her hands after it has been deliberately kicked to him/her by a team-mate
 - iii. he/she touches or controls the ball with his/her hands after he has received it directly from a kick-in taken by a team-mate
 - iv. he/she touches or controls the ball with his/her hands or feet in his own half for more than four seconds
- e. An indirect free kick shall also be awarded to the opposing team from the place where the infringement occurred, if, in the opinion of the referee, a player:
 - i. plays in a dangerous manner
 - ii. deliberately obstructs an opponent
 - iii. prevents the goalkeeper from throwing the ball with his hands
 - iv. commits any other infringement not previously mentioned for which play is stopped to caution or dismiss a player
 - v. The indirect free kick shall be taken from the place where the infringement occurred*.
- f. Disciplinary Sanctions
 - i. Yellow and red cards may only be shown to players or substitutes. The referees are authorized to take disciplinary action from the moment players enter the pitch until the moment they leave it after the final whistle.

g. Cautionable Offenses

- i. A player or a substitute shall be cautioned and shown the yellow card if he commits any of the following infringements
 1. unsporting behavior
 2. dissent by word or action
 3. persistent infringement of the Laws of the Game
 4. delaying the restart of play
 5. failure to respect the required distance when play is restarted with a corner kick, kick-in, free kick or goal clearance
 6. entering or re-entering the pitch without the referees' permission or infringement of the substitution procedure
 7. deliberately leaving the pitch without the referees' permission

h. Sending Off Offenses

- i. A player or a substitute shall be sent off and shown the red card if he commits any of the following offences:
 1. serious foul play
 2. violent conduct
 3. spitting at an opponent or any other person
 4. denying the opposing team a goal or an obvious goal-scoring opportunity by deliberately handling the ball (with the exception of a goalkeeper inside his own penalty area)
 5. denying an opponent moving towards the player's goal an obvious goal-scoring opportunity by committing an offence punishable by a free kick or a penalty kick
 6. using offensive, insulting or abusive language or gestures
 7. receiving a second caution in the same match

i. Decisions

- i. A player who has been sent off may not re-enter the play, nor may he/she sit on the substitutes' bench, as he is obliged to leave the vicinity of the court.
A substitute player may enter the court two full minutes after a team-mate has been sent off, unless a goal is scored before the two minutes have elapsed, and provided he has the authorization of the referee. In this case the following conditions apply:
 1. if there are 5 players against 4 and the team with the greater number of players scores a goal, the team with only 4 players may be completed with a fifth player
 2. if both teams are playing with 4 players and a goal is scored, both teams shall remain with the same number of players
 3. if there are 5 players playing against 3, or 4 against 3, and the team with the greater number of players scores a goal, the team with 3 players may be increased by one player only
 4. if both teams are playing with 3 players and a goal is scored, both teams shall remain with the same number of players
 5. if the team scoring the goal is the one with fewer players, the game shall continue without any change to the number of players
- ii. Following a clearance by the goalkeeper a player may pass the ball back to him using his head, chest, knee; etc. provided that he receives it after it has crossed the halfway line or has been touched or played by an opponent. If, however, in the opinion of the referees, a player uses a deliberate trick while the ball is in play in order to circumvent the Law, the player shall be guilty of unsporting behavior. He shall be cautioned, shown the yellow card and an indirect free kick shall be awarded to the opposing team from the place where the infringement occurred*. In such circumstances, it is irrelevant whether the goalkeeper subsequently touches the ball with his hands or not. The offence shall be deemed to have

been committed by any player who attempts to circumvent both the letter and the spirit of Law.

- iii. A tackle that endangers the safety of an opponent shall be sanctioned as serious foul play.
- iv. Any act of simulation on the pitch that is intended to deceive the referees shall be sanctioned as unsporting behavior.
- v. A player who removes his shirt when celebrating a goal shall be cautioned for unsporting behavior.

j. COACH RESPONSIBILITIES

- i. The head coach shall be responsible for ensuring that each of his/her players is properly and legally equipped.
- ii. The head coach shall receive the first caution issued for an illegally equipped player.
- iii. The coach may be cautioned or disqualified either for team misconduct or for bench misconduct that cannot be attributed to a specific individual.
- iv. A coach who is disqualified shall leave the vicinity of the playing area immediately and is prohibited from any contact, direct or indirect, with the team during the remainder of the game. Failure to comply shall result in termination of the game.

k. SANCTIONS FOR A YELLOW AND RED CARD

- i. Every time a player accumulates 3 yellow cards, he/she will be suspended for the team's next game.
- ii. Once a player accumulates 3 red cards in the league, he/she will be suspended for rest of the league.

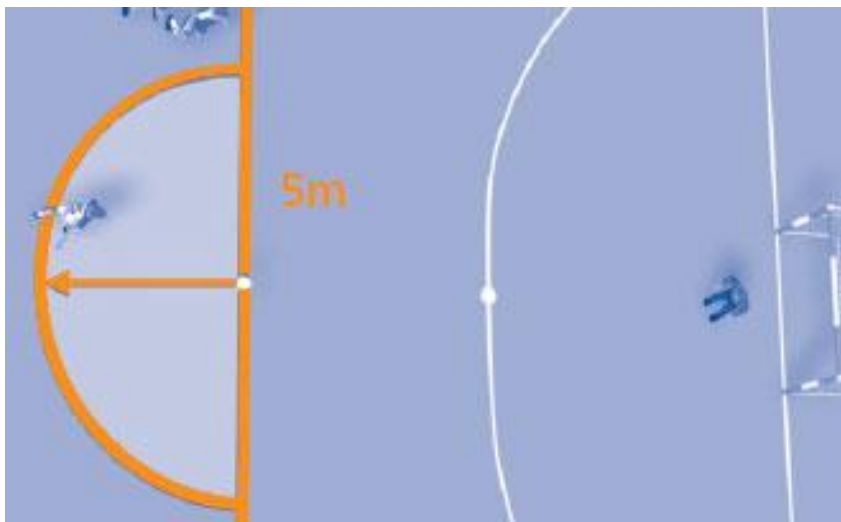
10. FREE KICKS

- a. Free kicks are either direct or indirect.
- b. For both direct and indirect free kicks, the ball shall be stationary when the kick is taken and the kicker may not touch the ball a second time until it has touched another player
- c. If the team taking the free kick takes more than 4 seconds:
 - i. the referees shall award an indirect free kick to the opposing team from the place where the infringement occurred*
- d. The Direct Free Kick
 - i. If a direct free kick directly enters the opponents' goal, a goal shall be awarded.
- e. The Indirect Free Kick
 - i. A goal shall only be awarded if the ball touches another player before it enters the goal.
- f. Position of Free Kick
 - i. All opponents shall be situated at least 5 m from the ball until it is in play. The ball shall be deemed in play after it has been touched or played.
When a defending team is taking a free kick from inside its own penalty area, all opponents shall remain outside said area. The ball shall be deemed in play immediately after it has left the penalty area.

11. ACCUMULATED FOULS

- a. are those punished by a direct free kick as mentioned in Fouls and Misconducts
- b. the first 5 accumulated fouls committed by each team during each half are recorded in the match report
- c. the referees may allow play to continue by applying the advantage rule if the team has not yet committed 5 accumulated fouls and the opposing team is not denied an obvious goal scoring opportunity

- d. When applying the advantage rule, the referees shall use the mandatory signal to indicate an accumulated foul to the timekeeper and the third referee as soon as the ball is out of play
- e. If extra time is played, accumulated fouls from the second period shall remain valid. Any accumulated fouls during extra time shall be added to the team's total from the second period
- f. For the first 5 accumulated fouls recorded against either team in each half, and provided the game has been stopped for that reason:
 - i. the players of the opposing team may form a wall to defend a free kick
 - ii. all opponents shall be situated at least 5 m from the ball
 - iii. a goal may be scored directly in the opponents' goal from this free kick
- g. Beginning with the sixth accumulated foul recorded against either team in each half:
 - i. the defending team's players may not form a wall to defend a free kick
 - ii. the player taking the kick shall be duly nominated
 - iii. The goalkeeper shall remain in his penalty area at a distance of at least 5 m from the ball
 - iv. All the other players shall remain on the pitch behind an imaginary line that is level with the ball and parallel to the goal line, and outside the penalty area. They shall remain 5 m away from the ball and may not obstruct the player taking the free kick
- h. PROCEDURE (FOR THE SIXTH AN ANY SUBSEQUENT ACCUMULATED FOULS)**
 - i. the player taking the free kick shall kick the ball with the intention of scoring a goal and may not pass the ball to a team-mate
 - ii. once the free kick has been taken, no player may touch the ball until it has been touched by the defending goalkeeper, rebounded off the goalpost or crossbar, or left the pitch
 - iii. if a player commits his team's sixth foul in the opposing team's half or in his own half in the area bordered by the halfway line and an imaginary line parallel to the halfway line passing through the second penalty mark 10 m from the goal line, the free kick shall be taken from the second penalty mark. The second penalty mark is described in Law 1. The free kick shall be taken in compliance with the provisions of the previous paragraph "Position of free kick"
 - iv. if a player commits his team's sixth foul in his own half of the pitch between the 10 m line, the goal line but outside the penalty area, the team awarded the free kick shall decide whether to take it from the second penalty mark or the place where the infringement occurred



12. THE PENALTY KICK

- a. A penalty kick is awarded against a team that commits any of the infringements for which a direct free kick is awarded inside its own penalty area and while the ball is in play. A goal may be scored directly from a penalty kick. Additional time shall be allowed for a penalty kick to be taken at the end of each half or at the end of each period of extra time.
- b. Position of the ball and players
 - i. The ball
 1. shall be placed on the penalty mark
 - ii. The player taking the penalty kick
 1. shall be duly nominated
 - iii. The defending goalkeeper
 1. shall stay on his goal line, facing the kicker and between the goalposts until the ball has been put into play
 - iv. The players other than the kicker shall be situated:
 1. on the pitch
 2. outside the penalty area
 3. behind or to the sides of the penalty mark
 4. at least 5 m from the penalty mark



13. THE KICK IN

- a. The kick-in is a method of restarting play. A goal may not be scored directly from a kick-in.
- b. A kick-in:
 - i. shall be awarded when the whole of the ball crosses the touch line, either along the ground or through the air, or hits the ceiling
 - ii. shall be taken from the place where the ball crossed the touch line
 - iii. Shall be awarded to the opponents of the player who last touched the ball.
- c. Position of the ball and the players
 - i. The ball
 1. shall remain stationary on the touch line
 2. may be kicked back onto the court in any direction
 - ii. The player taking the kick in
 1. shall have part of one foot on the touch line or off the court at the moment he takes the kick-in
 - iii. The players of the defending team

1. shall be at least 5 m from the place where the kick-in is taken

d. Procedure

- i. the player taking the kick-in shall do so within 4 seconds of receiving the ball
- ii. the player taking the kick-in may not play the ball a second time until it has touched another player
- iii. the ball shall be deemed in play as soon as it enters the court



14. THE GOAL CLEARANCE

- a. A goal clearance is a method of restarting play.
- b. A goal may not be scored directly from a goal clearance.
- c. A goal clearance shall be awarded when:
 - i. The whole of the ball, having last touched a player of the attacking team, crosses the goal line either along the ground or through the air, and a goal is not scored.

d. PROCEDURE

- i. the ball shall be thrown from any point inside the penalty area by the goalkeeper of the defending team
- ii. opponents shall remain outside the penalty area until the ball is in play
- iii. the goalkeeper may not play the ball a second time until it has been touched by an opponent or has crossed the halfway line
- iv. the ball shall be deemed in play when it is thrown directly out of the penalty area

e. Infringement and Sanctions

- i. If the ball is not thrown directly out of the penalty area:
 1. the goal clearance shall be retaken
- ii. If, once the ball is in play, the goalkeeper touches the ball a second time before it has been touched by an opponent or crossed the halfway line:
 1. an indirect free kick shall be awarded to the opposing team from the place where the infringement occurred*
- iii. If the goal clearance is not taken within 4 seconds of the goalkeeper taking possession of the ball:
 1. An indirect free kick shall be awarded to the opposing team on the penalty area line from the place nearest to where the infringement occurred

15. THE CORNER KICK

- a. A corner kick is a method of restarting play. A goal may be scored directly from a corner kick, but only against the opposing team.
- b. A corner kick shall be awarded when:
 - i. The whole of the ball, having last touched a player of the defending team, crosses the goal line either along the ground or through the air.
- c. Procedure
 - i. the ball shall be placed inside the corner arc at the nearest corner
 - ii. the opponents shall remain at least 5 m away from the corner arc until the ball is in play
 - iii. the ball shall be kicked by a member of the attacking team
 - iv. the ball shall be deemed in play from the moment it is played and set in motion
 - v. the kicker may not play the ball a second time until it has touched another player
- d. Infringements and sanctions
 - i. An indirect free kick shall be awarded to the opposing team if:
 1. The player taking the corner kick plays the ball a second time before it has touched another player. The indirect free kick shall be taken from the place where the infringement occurred*
 2. The corner kick is not carried out within 4 seconds from the time the player taking the kick takes possession of the ball. The indirect free kick shall be taken from the corner arc
 - ii. For any infringement
 1. the corner kick shall be retaken

